



SUNDAY 2 OCTOBER 2022

The ASD Alghero Marathon, with the patronage of the Municipal Administration, the Alghero Foundation, the C.O.N.I. - Sardinia Regional Committee and under the aegis and technical approval of the Sardinian FIDAL Regional Committee, is organising the 5th edition of:



national level road race over a distance of 21.097 km and 10 km, on a route certified by the FIDAL.

OFFICIAL REGULATION

REQUIREMENTS FOR PARTICIPATION IN COMPETITIVE COMPETITIONS

Anyone who is:

1. Italian athletes duly registered with FIDAL for the current year and belonging to the following categories: pupils (born in 2006 for the 10 km race only), juniors, promising and senior women and men. For all FIDAL registered athletes, registration must in any case be formalised by the President of the club to which they belong via the site [tessonline.fidal](https://tessonline.fidal.it) no later than the deadline of 21.00 on Wednesday 28 September 2022;
2. foreign athletes registered with IAAF-affiliated Athletics Federations born in 2002 (athletes born from 2006 onwards may take part in the 10 km race) in possession of authorisation from their Federation to compete abroad. Non-EU athletes must also present any residence permit or entry visa;
3. Italian athletes, limited to persons aged 20 years and over born from 2002 onwards, not registered with a club affiliated to FIDAL but in possession of a nominative RUNCARD, which can be subscribed to on line on the website www.runcard.it, combined with a medical certificate of agonistic fitness specific for athletics, which must be shown to the organisers in the original and kept, in copy, on file by ASD Alghero Marathon (certificate and card must be sent at the time of registration by accessing the dedicated area on the website www.algherohalfmarathon.it);
4. foreign athletes not resident in Italy and not registered, aged 20 years and over, who meet one of the following requirements:
 - a) be registered for 2022 with Foreign Athletics Federations, affiliated to the IAAF or IPC, in which case they must send, at the time of registration, self-certification of membership which can be downloaded from www.algherohalfmarathon.it or from www.fidal.it;
 - b) be in possession of the FIDAL RUNCARD, which can be subscribed to online at www.runcard.it, which (in compliance with the Italian law on safety in sport) must present the HEALTH FORM - FOREIGN RESIDENTS medical certification form, which can be downloaded from www.algherohalfmarathon.it or from www.fidal.it and signed by the treating doctor, or similar and in any case in compliance with the diagnostic examinations required by the Italian regulations: a) medical examination
 - b) complete urine examination; c) electrocardiogram at rest and after exercise; d) spirometry.



The requirement of regular medical certification must be met at the time of the registration deadline and be valid at least until the day of the race.

ANTI-DOPING CONTROLS

Participants in Events may be subject to doping controls. They are also subject to the provisions of Article 25 of the FIDAL Rules, if they are already subject to disciplinary suspension.

MAY NOT PARTICIPATE

- Athletes who are members of other federations (e.g. Italian Triathlon Federation);
- Athletes who are members of clubs of Sports Promotion Bodies recognised by CONI, but not affiliated with FIDAL, who have not subscribed to the RUNCARD;
- Registered athletes in possession of RUNCARD Mountain & Trail.

WARNINGS ON MEDICAL CERTIFICATES

- Medical certificates must bear the wording 'competitive sporting fitness for the practice of ATHLETICS (Ministerial Decree 18/02/1982)'.
• Medical certificates issued for other sports or labelled 'running', 'running', 'marathon' or 'half marathon' are not valid for participation.

MAXIMUM TIME

The maximum time allowed is **2h30'**, after which the organisation will no longer be able to guarantee the safety of the route.

PROGRAMME OF THE SPORTS EVENT

8 a.m. gathering of judges and athletes on the Valencia 3 promenade;

8.45 a.m. Deadline to complete registration and collect bibs;

9.30 a.m. start of the competitive half marathon and 10 km, followed by the non-competitive run;

12.00 noon deadline to complete the race;

1.00 p.m. prize-giving ceremony to be held in the vicinity of the start/finish area.

MEMBERSHIP FEES

Period	.21 Km	10 km
From 01/06 to 31/07	22 Euro	17 Euro
From 01/08 to 31/08	25 Euro	20 Euro
From 01/09 to 28/09	28 Euro	23 Euro

REGISTRATION

Exclusively via online procedure from <https://www.algherohalmarathon.it> by accessing the dedicated section.

In addition, the registration process must be completed by 9 p.m. on 28 September 2022:

- F.I.D.A.L. registered athletes must confirm their registration via their club to the F.I.D.A.L. online via <http://tessonline.fidal.it/>



- Athletes with RUNCARD and RUNCARD EPS, in order to complete their registration, must be in possession of the card valid for the 2022 season and the certificate of fitness for competitive sport valid for athletics, which they must enter in the appropriate fields within the registration platform. The original of the above-mentioned documents must be shown when collecting the bib.

The requirement of regular medical certification must be met at the time of the registration deadline and be valid at least until the day of the race.

- On-site entries will be permitted until 08:45 on Sunday, 2 October 2022, with a federal surcharge of €5.

SERVICES INCLUDED IN THE REGISTRATION FEE

- federal taxes;
- race pectoral;
- timing chips with *real time* detection;
- technical tank top, while stocks last, and any gadgets provided by sponsors;
- medal for *finishers*;
- insurance and medical assistance;
- refreshments along the route and at the finish line.

SECRETARIAT, BIB AND RACE PACKET DELIVERY

The bibs and the race package will be handed over on Saturday 1 October 2022 (9 a.m. - 1 p.m. and 4 p.m. - 8 p.m.) and Sunday 2 October 2022 (8 a.m. - 8.45 a.m.) at the secretariat, which will be set up in a special area near the start.

Race bibs and race packs may also be collected by third parties by submitting a proxy form signed by the delegating party and a valid identity document.

The race bib is strictly personal, may not be tampered with or reduced and is not transferable to anyone under penalty of disqualification. The bib number incorporates the timing 'chip' (which must not be tampered with in any way) and must be applied with the appropriate pins.

In order to reduce crowding and waiting time, clubs may send a list of their registered members with the sizes of the shirts/ jerseys to algherohalfmarathon@gmail.com before 28 September 2022, which will then be delivered to a single club delegate.

AWARDS

The Organising Committee will hand out the prizes EXCLUSIVELY to those entitled to them, during the prize-giving ceremony to be held at the end of the event from 1 p.m. near the start/finish area.

The Organising Committee reserves the right to announce, at the time of the prize-giving, any prizes that may become available at the last moment.

In accordance with the provisions of Article 38 of the "Rules for the organisation of non-stadium events" issued by the F.I.D.A.L. for cash prizes of road events included in the national calendar, prizes will be awarded to the first five athletes, Italian or foreign registered with F.I.D.A.L. affiliated companies, who arrived on the basis of the general classification, as follows



HALF MARATHON PRIZE MONEY

Men

1st Place	Euro 300
2nd Place	Euro 200
3rd Place	Euro 150
4th Classified	Euro 120
5th Place	Euro 80

Women

1st place	Euro 300
2nd place	Euro 200
3rd place	Euro 150
4th place	Euro 120
5th place	Euro 80

As provided for in paragraph 4 of Article 38 of the "Rules and Regulations of Road Racing", 25% of the prize money is reserved for eligible Italian and equivalent Italian athletes in the following order:

Men

1st Place	Euro 80
2nd Place	Euro 65
3rd Place	Euro 50
4th Place	Euro 35
5th Place	Euro 20

Women

1st place	Euro 80
2nd place	Euro 65
3rd place	Euro 50
4th place	Euro 35
5th place	Euro 20

These prizes are cumulative.

Prizes will also be awarded to the first three finishers (excluding those who have already received prize money) in the following F.I.D.A.L. categories, with prizes in kind:

SM, SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75, SM80 and above; SF, SF35, SF40, SF45, SF50, SF55, SF60, SF65, SF70, SF75, SF80 and above.

PRIZE MONEY 10.00 KM COMPETITIVE

Men

1st Place	Euro 200
2nd Place	Euro 150
3rd Place	Euro 100

Women

1st place	Euro 200
2nd place	Euro 150
3rd place	Euro 100

As provided for in Article 38(4) of the "Rules and Regulations of Road Racing", 25% of the prize money is reserved for eligible Italian and equivalent Italian athletes in the following order:

Men

1st Place	Euro 75
2nd Place	Euro 50
3rd Place	Euro 40

Women

1st place	Euro 75
2nd place	Euro 50
3rd place	Euro 40

These prizes are cumulative.



Prizes will also be awarded to the first three finishers (excluding those who have already received prize money) in the following F.I.D.A.L. categories with prizes in kind:

JM/PM, SM, SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75, SM80 and above; JF/PF, SF, SF35, SF40, SF45, SF50, SF55, SF60, SF65, SF70, SF75, SF80 and above.

Clubs: a prize will be awarded to the club with the most athletes at the finish line.

TIMEKEEPING

The measurement of times and the drawing up of the classifications (which will be validated by the Technical Delegate or Appeal Judge) will be carried out by TDS (Timing Data Service) by means of a system based on an active transponder ('chip') which will be handed in at the time of bib collection. tampering with the chip is prohibited. Athletes who in any way detach and/or damage the chip will not be timed and will not appear in the classifications. For each athlete, the *real time* (from the moment the start line is crossed to the finish line) and an intermediate pass will be recorded.

ROUTE AND REFRESHMENTS

As per F.I.D.A.L. regulations, refreshments will be provided at least at 4 points along the route, every 5 km, for the half marathon and at least at 2 points for the 10 km with water in closed bottles.

The route, on a single lap, completely asphalted and mostly flat, will be entirely interdicted to traffic, the only vehicles allowed being those authorised by the F.I.D.A.L., manned and well signposted with signs indicating the kilometres covered.

Route 21 km: Seafront Valencia 3 (DEPARTURE), Dante seafront, Piazza Sulis, Largo San Francesco, Via Simon, Via Sassari, Scalo Tarantiello, Via Garibaldi, Via Lido, Viale I maggio, S.S. 127 bis roundabout (camping site), S.S. 127 bis (buoy km 9), Via Spalato, Via Petrucci, Via Di Pietro, Via Dalmatia, Rovinj seafront, S.S. 127 bis, Viale I maggio, Via Lido, Via Garibaldi, Scalo Tarantiello, Via Sassari, Via Simon, Largo San Francesco, Piazza Sulis, Lungomare Dante, (buoy turn km 18), Piazza Sulis, Via XX Settembre, Via Giovanni XXIII, Via De Gasperi, Via Kennedy, Viale della Resistenza, Lungomare Valencia 3 (ARRIVAL).

10 km route: Lungomare Valencia 3 (DEPARTURE), Lungomare Dante, Piazza Sulis, Largo San Francesco, Via Simon, Via Sassari, Scalo Tarantiello, Via Garibaldi, Via Lido, Viale I maggio (turn 5 km), Via Lido, Via Garibaldi, Scalo Tarantiello, Via Sassari, Via Simon, Largo San Francesco, Piazza Sulis, Via XX Settembre, Via Giovanni XXIII, Via De Gasperi, Via Kennedy, Viale della Resistenza, Lungomare Valencia 3 (ARRIVAL).

Given the type of categories of athletes allowed and the presence of performance-related prizes, there are no exceptions or amendments to Rule 100 of the RTI.

RESULTS AND RANKINGS

The rankings with partial and final times will be available on the sites:

- www.sardegna.fidal.it
- www.tds.sport
- www.algherohalfmarathon.it



WELCOME

The website www.algherohalfmarathon.it will provide details of the event, directions on how to get there, parking areas, and a complete list of partner establishments for overnight stays and meals in the vicinity of the race course.

REIMBURSEMENT OF PARTICIPATION FEES

There will be no refund of participation fees under any circumstances, unless the event is cancelled.

COMPLAINTS

Any complaints must be lodged within 30' of the display of the classifications in the first instance verbally to the Finish Judge and in the second instance in writing to the Appeal Judge, accompanied by the fee of 100.00 euro, which will be refunded if the complaint is upheld.

For anything not expressly provided for in these regulations, please refer to the general F.I.D.A.L. regulations.

The Group of Race Judges may disqualify athletes who do not pass at the measuring points located along the route, those who are personally followed in the race by cyclists or anyone who is not regularly in the race.

The participant, by signing the registration form, aware that false declarations, falsity in deeds and the use of false deeds are punishable by the sanctions provided for in the matter, after having carefully read the event regulations and being fully aware of the difficulties of the route, aware also of the risks to personal safety involved, declares

- to know and accept the regulations of the Alghero Half Marathon and/or the Diecimila di Alghero;
- that he/she is in possession of a suitable medical, competitive certificate valid until 2 October 2022 to take part in the race, in accordance with Ministerial Decree 18.2.1982 and Ministerial Decree 28.2.1983, and that he/she is informed of any medical contraindications concerning him/her and, consequently, that he/she releases the organising committee from any kind of responsibility for medical problems that may occur to him/her during the race;
- to exonerate the organising committee, the race director and the course manager from any liability, both civil and criminal, and to assume full and exclusive responsibility for any damage caused to third parties or to property belonging to third parties or caused to him, including personal injury and/or death;
- to be aware of the length of the test, which takes place on urban and interurban roads, in possible difficult and/or changing weather conditions (heat, cold, thunderstorms), and that adequate athletic preparation is necessary;
- to grant their authorisation to the Organising Committee to use photographs, tapes, videos and anything related to their participation in the event for any legitimate use, without remuneration.



Informative note art. 13 EU Regulation 2016/679 - Personal data, which must be provided in order to register for the Alghero Half Marathon and/or the Alghero Ten Thousand, will be processed by the Organising Committee's Representatives, in accordance with the regulations in force on the protection of the confidentiality of personal data, for the purposes of the sporting event in question and for the sending of information or advertising material by the Organising Committee or its partners. The data may be communicated to third parties for the fulfilment of obligations relating to the event or for the purposes indicated above. At any time you may exercise your rights under Articles 15 et seq. of EU Regulation 2016/679 (delete, rectify, etc.) towards the data controller: A.S.D. Alghero Marathon.

Consent: the athlete consents to the use of his or her personal data for the purposes and in the manner indicated above and undertakes to return the chip at the end of the race or send it to the Organising Committee within 10 days of the end of the race. If the chip is not returned, the athlete undertakes to pay €20 to the Organising Committee.

By registering for the Alghero Half Marathon and/or the Diecimila di Alghero, the athlete authorises the organisers to acquire, free of charge, the right to use the still or moving images of him/her during the race, for the maximum time allowed by the laws in force.

FINAL WARNINGS

The Organising Committee reserves the right to amend, at any time, any clause of these regulations for reasons it deems appropriate for the better organisation of the race. Any changes to services, venues and times will be promptly communicated to athletes via the website www.algherohalfmarathon.it and <http://sardegna.FIDAL.it>.

For all matters not covered by these regulations, the technical statutory regulations of the F.I.D.A.L. and the GGG.

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